

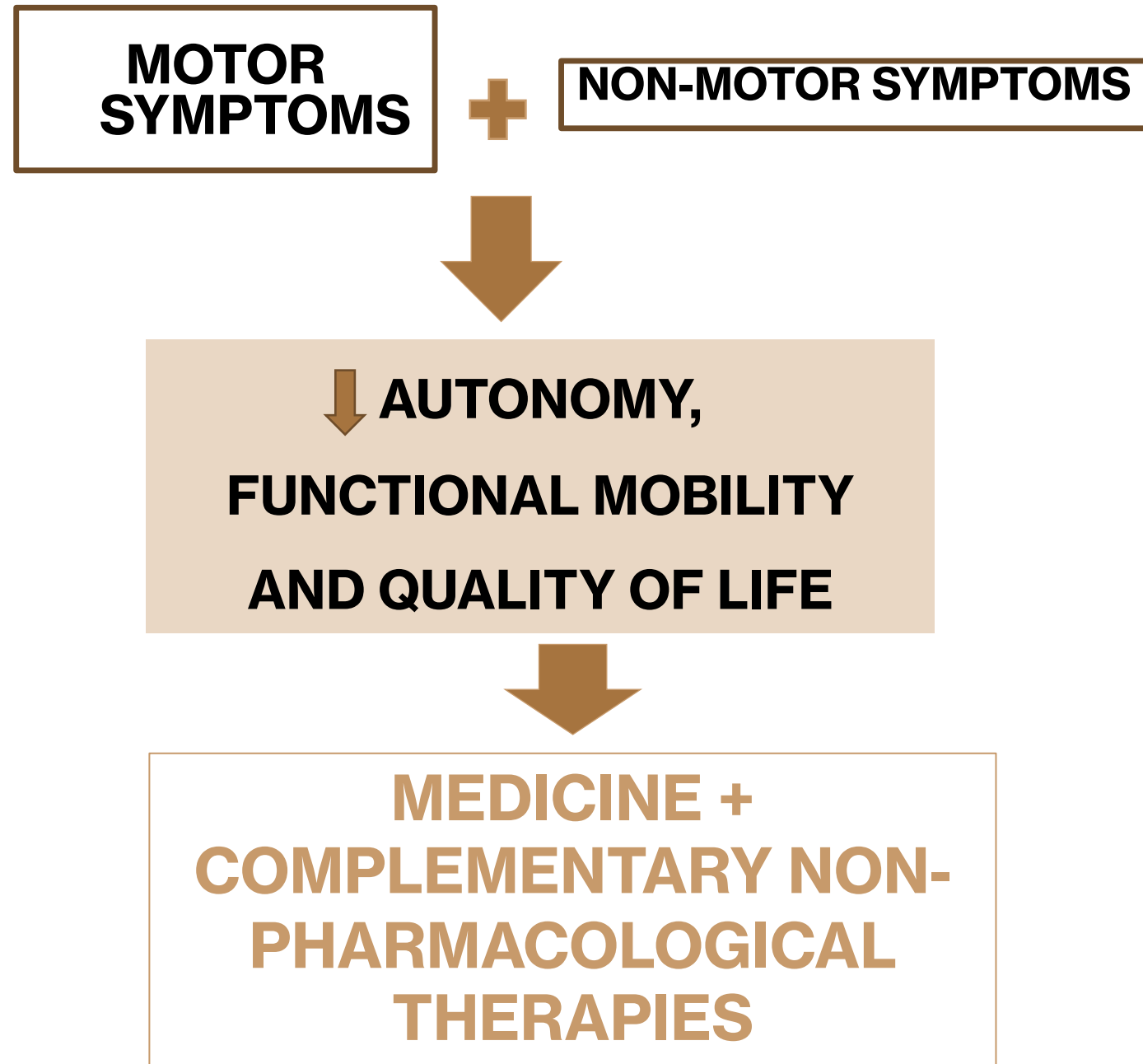
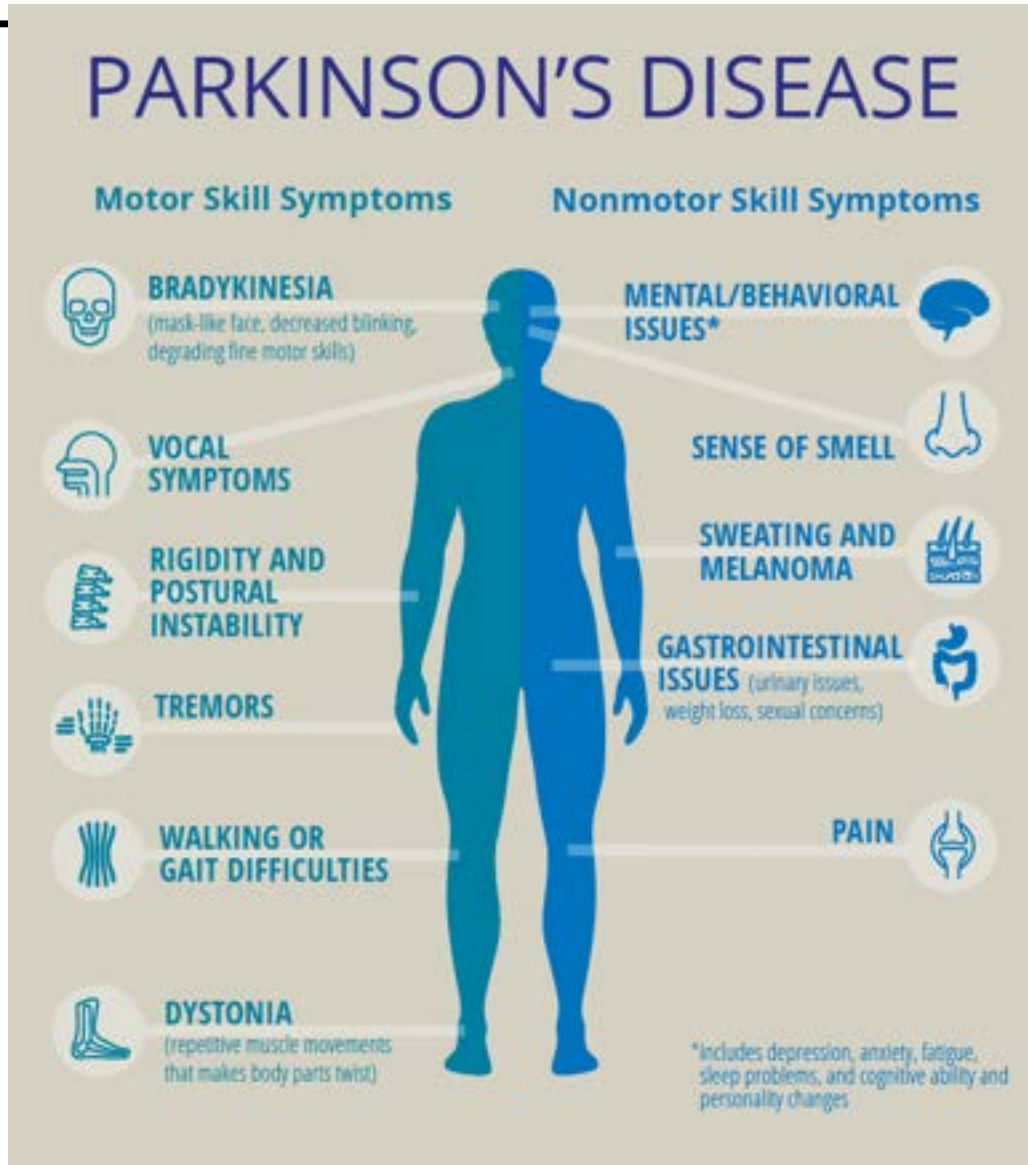
NAVIGATING PAIN IN PARKINSON'S:

Exploring the potential of Brazilian Dance

Aline Haas



BACKGROUND



BACKGROUND

Pain & PD

- Pain affects a substantial majority of people with Parkinson's disease (PwPD), **ranging from 68% to 95%** and correlating with higher depression and anxiety scores.
- Despite its prevalence, those with PD often lack consistent pain treatment, and the most effective approach remains unclear among available options.



BRAZILIAN DANCE FOR PARKINSON'S PROJECT



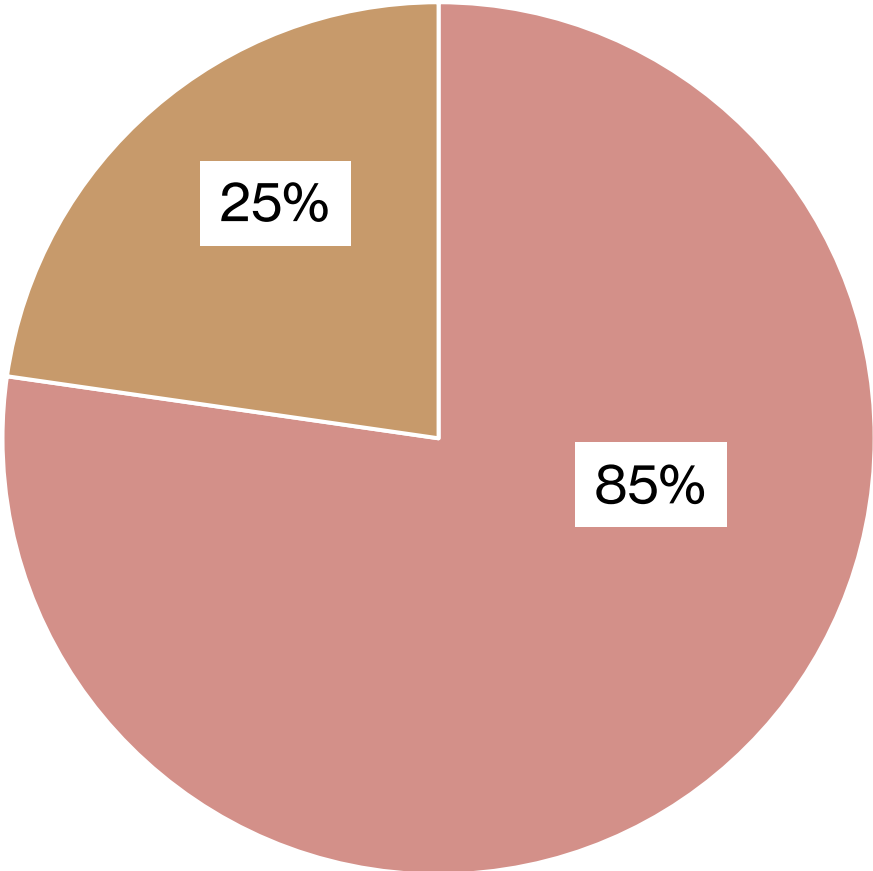
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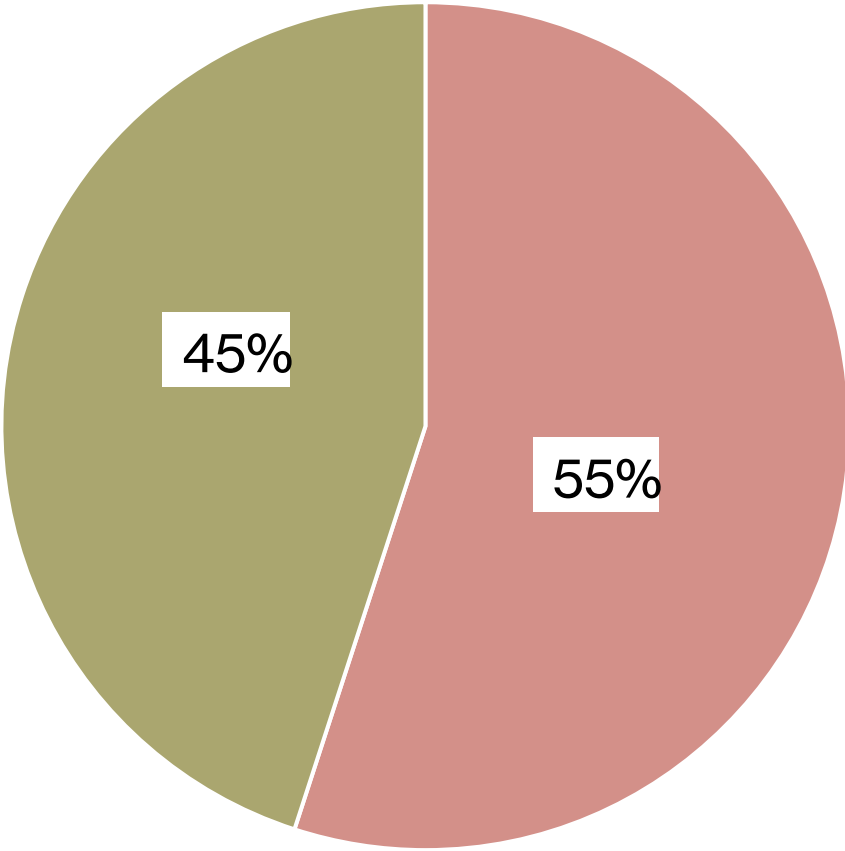
BRAZILIAN DANCE FOR PARKINSON'S PROJECT

BEFORE



■ Pain ■ No Pain

AFTER 6 MONTHS



■ Pain ■ No Pain

How might dance be integrated into the overall care plan for PwPD, with a focus on addressing pain symptoms?



Are there long-term benefits of incorporating dance into the treatment plan for PwPD in terms of pain reduction?

What neurobiological mechanisms are involved in the pain-relieving effects of dance for PwPD?

Are there specific types of dance or dance movements that have shown more effectiveness in alleviating pain for PwPD?



Dança e Parkinson



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Thank you!



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